

# Scoop and Scales Newsletter

## Members Updates

Our membership continues to grow, we have now completed 4 buying cycles are well into the fifth. Thank you to those who have placed orders. Those of you who have been with us from the start will know that we have come a long way.

We have a vision and passion to develop Scoop and Scales and the committee are currently looking at the feasibility of a more regular and permanent location. There are a lot of decisions to make and we'd be grateful if as many members as possible could attend the **Members meeting at 7.00pm on the 26th March 2020** to find out more and to help decide the direction we take.

## The A list

No, we are not walking down the red carpet with celebrities just yet!

We hope you have all received the recent email detailing how the products are being alternated on a two month cycle. If you haven't received this email please contact us and we can resend this to you .

We remain keen to develop our product range and our buying team are currently working hard to source suitable products. At the moment we are considering items including toilet roll, veg. boxes, sanitary products and confectionary. If there are any products you'd particularly like to see added to the list please do get in touch with us

## Upcoming Events



Poynton Goes Green  
10am—2pm  
Poynton High School

March Collection Event  
3.30pm —7.30 pm  
The Hope Centre  
Macclesfield



Members meeting  
7.00pm-9.00pm  
St Peters Church,  
Macclesfield

April Collection Event  
3.30pm —7.30 pm  
St Peters Church,

We look forward to seeing you at one or more of these events

## Emily's Dried fruit and seed slices

*Rapeseed oil (for oiling)\*\**

175g butter/margarine/vegan alternative

85g soft brown sugar \*\*

55g clear honey/agave syrup

140g dried fruit (eg. dates, apricots, figs, sultanas)\*\*

190g oats\*\*

40g seeds (eg. Pumpkin seeds, sunflower seeds, sesame seeds)\*\*

1. Preheat the oven to 180 degrees C/350 F/Gas mark 4.
2. Lightly oil a 26x17cm rectangular shallow tin.
3. Melt butter/margarine, sugar and honey together, do not boil. When warm and well combined, stir in fruit, seeds and oats.
4. Spoon mixture into tin and lightly level with back of a spoon. Cook for 20-25 mins until golden brown.
4. Cut into bars and leave to cool completely before removing from tin.

*\*\*Order now from Scoop and Scales*



# New Products



## Waxed Fabric Wraps

Waxed Fabric Wraps are an eco-friendly alternative to single use plastic cling film and sandwich bags.

They are made from 100% GOTS certified organic cotton fabric covered with beeswax, pine resin and jojoba oil. Vegan wraps are also available made using candelilla and soy wax.

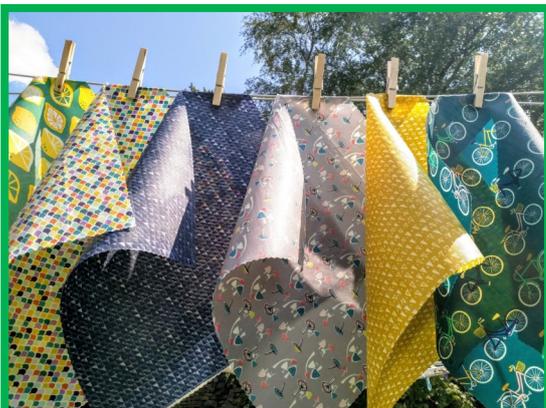
They are re-usable, can be wiped clean and last around 12 – 18 months depending on usage.

They are perfect for cheese, sandwiches, covering bowls, wrapping cut veggies etc.

They are not suitable for raw meat and fish as they cannot be washed at high temperatures.

When the wraps reach the end of their life they can be added to the compost bin.

The wraps are hand made in Macclesfield and come in five alternative packs at special Scoop & Scales prices. Check out the Scoop and Scales product list for prices.



# Local Events

## Poynton Goes Green Eco Fair

On Saturday March 14<sup>th</sup> Poynton goes green will be running their first Eco fair at Poynton High School. There are a wide range of local and ethical products on offer. Please pop down between 10am and 1pm.

Trains from Macclesfield. 10.18am, 11.18am, 12.18am, 13.18am.

Scoop and Scales will have our own stall and this will be our first (of many) public events. We will have a range non-food based items on sale. We also hope to be able to publicise the buyers' club and swell our membership. Please direct prospective member to us.

If you would like more information please look on the Poynton Goes Green Facebook page.



POYNTON  
GOES GREEN  
ECO - FAIR

SATURDAY 14<sup>th</sup> MARCH  
10 AM – 1 PM  
POYNTON CIVIC HALL

Environmentally  
friendly products to  
view and buy

Discover and share  
ideas on how to do  
more for the  
environment



Attendees include:  
Riverlands Project National Trust  
Ansa Environmental Services  
Love Food Hate Waste



Pop up café by Poynton High School PTA  
Free event, come along and find out more!



Poynton High School, supported by Poynton Town Council